

## THE FACTS

Choking is a leading cause of accidental death among children age one and younger. Find and remove dangers before your children do. Explore your home on your hands and knees to see what looks tempting and is within reach.

For more safety information, visit [www.lebonheur.org/safekids](http://www.lebonheur.org/safekids)



## CHOKING SAFETY

### SAFETY TIPS

- Actively watch children when they are eating or playing.
- Small, round or hard foods (i.e., hot dogs, hard candies, grapes, popcorn, etc.) should only be eaten by children over age 3.
- Follow warnings on toys and games. Look for small parts that can easily choke children.
- Always place babies on their back to nap and at night.
- Keep pillows and soft things out of the crib.
- Check floors and low places for small objects like buttons, beads, marbles, coins, pins and stones.
- Put all plastic bags where children cannot reach them.
- Avoid rubber ballons, including broken balloon pieces. These are a huge choking hazard.
- Use single piece doorstops (not the ones with a rubber tip).
- Use cordless window blinds or cut the cord inside the blind and attach a tassel.
- Learn CPR for infants and children – just in case.

### GET THE GEAR!

#### FEATURED ITEM – SMALL PARTS TESTER

- If objects can fit completely in the tester, they are a choking hazard.
- Where to find – Most toy stores or baby aisles.
- Cost – \$2.00.

## THE FACTS

Choking is a leading cause of accidental death among children age one and younger. Find and remove dangers before your children do. Explore your home on your hands and knees to see what looks tempting and is within reach.

For more safety information, visit [www.lebonheur.org/safekids](http://www.lebonheur.org/safekids)



## CHOKING SAFETY

### SAFETY TIPS

- Actively watch children when they are eating or playing.
- Small, round or hard foods (i.e., hot dogs, hard candies, grapes, popcorn, etc.) should only be eaten by children over age 3.
- Follow warnings on toys and games. Look for small parts that can easily choke children.
- Always place babies on their back to nap and at night.
- Keep pillows and soft things out of the crib.
- Check floors and low places for small objects like buttons, beads, marbles, coins, pins and stones.
- Put all plastic bags where children cannot reach them.
- Avoid rubber ballons, including broken balloon pieces. These are a huge choking hazard.
- Use single piece doorstops (not the ones with a rubber tip).
- Use cordless window blinds or cut the cord inside the blind and attach a tassel.
- Learn CPR for infants and children – just in case.

### GET THE GEAR!

#### FEATURED ITEM – SMALL PARTS TESTER

- If objects can fit completely in the tester, they are a choking hazard.
- Where to find – Most toy stores or baby aisles.
- Cost – \$2.00.