

SHOPPING CART ALERT

FACTS

Injuries can happen in the time it takes for you to reach for something on the shelf. 66 children are treated in emergency departments for shopping cart-related injuries every day. Safe Kids Mid-South, led by Le Bonheur Children's Hospital, shares some shopping cart safety tips, endorsed by the American Academy of Pediatrics.



SHOPPING CART SAFETY TIPS

- Use a cart that has a child seat that is low to the ground, if available. Choose carts that are stable, not wobbly.
- Always use the cart's safety straps. Be sure the belt fits snugly around your child and that his legs are placed through the leg openings.
- Avoid placing infant carriers on top of shopping carts.
- Make sure your child remains seated.
- Keep children away from the wheels where little fingers can get pinched.
- It is very easy for older children to tip a cart over if they are trying to push it or if they are hanging on it.

ALTERNATIVES TO SHOPPING CARTS

- When possible, leave children at home with another adult or bring another adult to the store with you to watch children.
- Use a stroller or wagon instead of the shopping cart to transport your child.
- If the child is old enough, ask him to walk with you.
- If available, use the supervised in-store play area for children while you shop.
- Shop online if your store offers shopping on the Internet

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