



EMU Nurse-Led Education Sessions

Our epilepsy nurses provide educational and emotional support to EMU patients and families during daily sessions in our playroom. Each weekday, a different topic is addressed.

When:

Weekdays, at 3:00 p.m. and 5:00 p.m.

Where:

In the large EMU playroom, located directly across from the nurses' station.

Topics:

Monday:

“Meet and Greet Mondays” address what to expect while hospitalized in our EMU here at Le Bonheur Children’s Hospital.

Tuesday:

“Take Care Tuesdays” explore epilepsy, types of seizures, triggers, treatments, first aid, safety, transportation and driving.

Wednesday:

“Working Wednesdays” are designed to help families help others understand epilepsy (school staff, classmates, peers, and employers).

Thursday:

“Toolbox Thursdays” offer various resources, products, events, and coping skills.

Friday:

“Focus on Fridays” include age-appropriate materials, such as storytelling for little ones and discussion topics for teens and their parents.

When you attend a session, you may want to bring your child with you. Our EMU playroom allows up to three monitored patients at the same time. Or, one family member chooses to attend the group meeting, while another stays with the child in your private room. If you are the only family member present, please let us know ahead of time. We may be able to arrange for a volunteer or staff member to be in the room with your child so that you can attend.

What Have Our Families Said?

“...really opened my eyes to use of medications, Diastat and VNS”

“I found out things I didn’t know before, and I’ve been dealing with epilepsy for 23 years.”

“...sessions were very informative. Parents in the sessions were open and honest about dealing with sensitive issues concerning our children.”

“You can read, read, read—but with a health care individual explaining to you the ins and outs about epilepsy, it makes it extremely clear.”

“I think everything was right on point for the group.”

“Thanks for the extra information and the sessions. The more we know as parents, the easier it is to assist our children with what they need.”

“...very much enjoyed the ‘get-togethers’ with the other moms. It was a chance to just talk, vent, laugh, learn, get support! I looked forward to it each day!”

“Great! Best part is meeting and networking with other families dealing with the same issues.”

Le Bonheur is proud that our program has been chosen for presentation at the upcoming 44th Annual Educational Meeting of the American Association of Neuroscience Nurses.