

## Is it ever possible to care too much?

At Methodist Healthcare, we treat the whole person—mind, body and spirit. And nowhere is this more evident than in the actions of our dedicated Associates who breathe life into our faith-based mission every day. And who approach their jobs as ministries rather than occupations, adding the crucial elements of compassion and concern into the delivery of excellent healthcare. We salute these fine professionals and feel blessed to work alongside them, for they stand as sources of daily inspiration. Truly embracing the miracle of life.

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Associate Petrina McGarvey is an expert at making patients feel special. Often it's as simple as offering an extra visit or a home-cooked meal, but sometimes she finds the one extraordinary gesture that can truly ease a patient's soul. Recently, a patient was very sad after the death of her cat—a companion for 16 years. Petrina knew that by bringing her own dog, Molly, in for a visit, she could bring the light back to this patient's eyes. Such dedication proves that Petrina is a model of the Methodist spirit, treating her work not as a job, but as a calling.

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Patients in hospice deserve every comfort necessary to pleasantly live out the remainder of their lives. Often, this would not be possible without the exceptional care of Associates like Sandra Smith. Sandra knows that patients are sometimes in need of more than personal attention, and she consistently goes out of her way to provide material objects that also give joy. Sandra knows that the gifts she gives, like groceries, clothes, lotions, and soaps, are blessings to those she serves.

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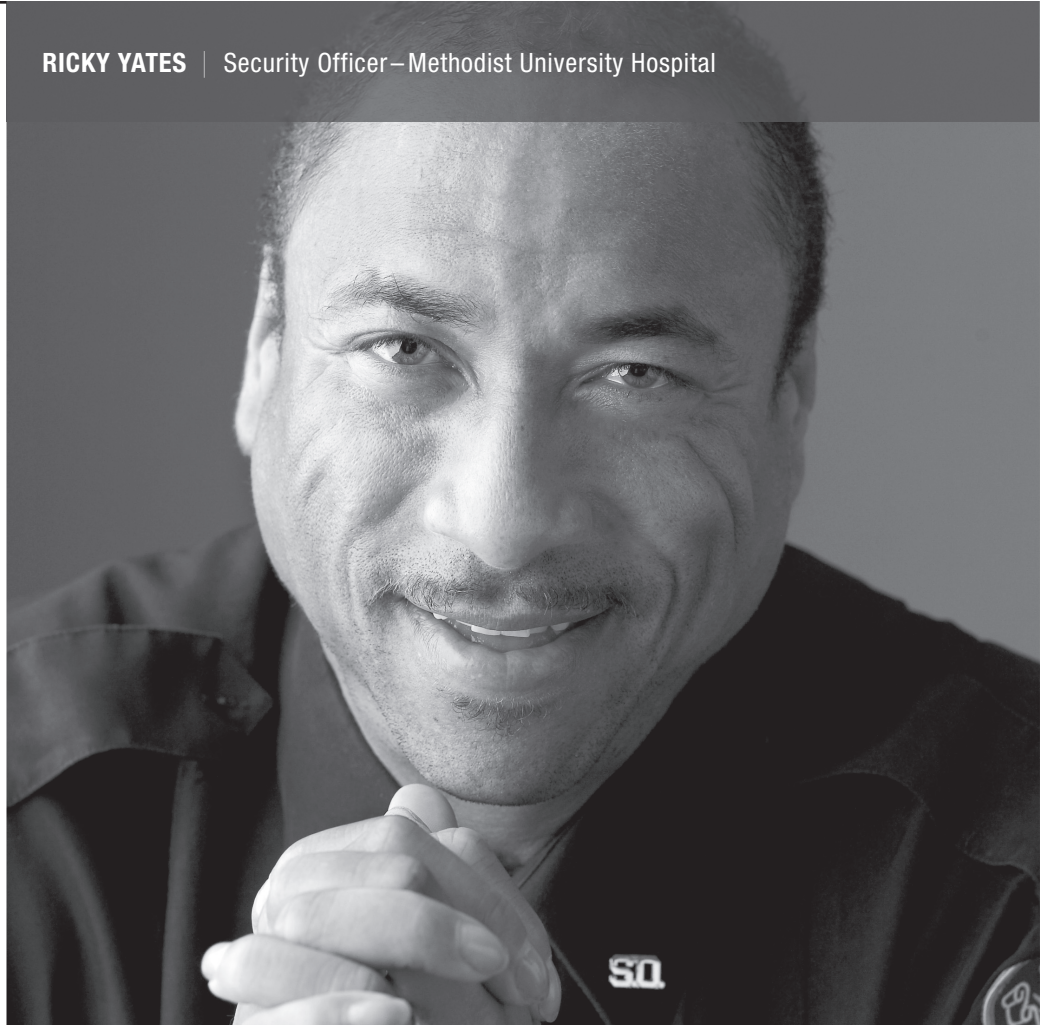
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The spirit of care that pervades the halls of Methodist extends beyond our patients to Associates themselves. Ricky Yates is an outstanding example of someone who understands how he can play a role in providing comfort and support to his peers. Every security officer at Methodist University Hospital helps to preserve a safe environment, but Ricky goes out of his way to be not just a source of protection, but also a friend. With kind words and a constant smile, he builds relationships with fellow Associates that make their days more pleasant.