



Palliative Care Program

*Symptom Control
Patient-centered
Respect for Life
Support*



Embracing the Miracle of Life.



Embracing the Miracle of Life.

What is Palliative Care?

Palliative care is a philosophy and approach to care that focuses on comfort and the symptom management needs of patients with advanced illnesses. Emphasis is placed on the physical, social and spiritual aspects of well-being.

The hospital-based palliative care program at Methodist Healthcare is a family-centered, culturally sensitive approach to the care of patients with life-limiting illnesses. In partnership with our physicians, healthcare staff, families and community, we provide total care to the patient's mind, body and spirit in order to restore comfort and dignity to their lives. The goal of our hospital-based consultation is to enhance the quality of life while respecting the patient's wishes. Our guiding principles are empathy, comfort, support and respect for life.

Our program may be needed when:

- A patient's pain and symptoms are becoming difficult to manage
- There is a decline in the patient's condition
- The focus of the patient's care is on comfort and quality of life
- Other treatment methods are no longer effective

Palliative Care Team

Methodist Palliative Care provides a team approach to patient care with individualized plans developed to meet the specific needs of the patient in the hospital, with a focus on quality of life. Our palliative care team includes physicians, nurses, pharmacists, social workers and chaplains.



Our care helps with the relief of a patient's physical, social, spiritual, advanced care planning and practical concerns. Our team works together to provide:

- Pain and symptom control
- Support for family/caregivers
- Assistance with treatment decisions
- Improved quality of life at home or in the nursing home, hospital or hospice facility
- Coordination with the entire medical care team
- Support to help the patient live as actively as possible
- Assistance with determining the goals of care when faced with complex healthcare decisions
- Spiritual counseling
- Psychological counseling
- Grief and bereavement support for family members

Reach Out to Us

We understand that you are going through a very difficult time. In coordination with our homecare and hospice services, Methodist can provide a comprehensive team to ensure each patient receives the best possible care after leaving the hospital. Every patient is important to us, and it is our desire to meet the unique needs of all of our patients and families.

If you would like to learn more about our palliative care program or to consult with a hospital-based palliative care coordinator, call 901-516-1600.

www.methodisthealth.org

