



# AIRWAY OBSTRUCTION SAFETY

## THE FACTS

Airway obstruction (suffocating, choking and strangulation) is the leading cause of accidental death among children age one and younger. To find dangers before your children do, explore your home on your hands and knees, to see what looks tempting and is within reach.

Visit [www.lebonheur.org/safekids](http://www.lebonheur.org/safekids) for more safety information.

## SAFETY TIPS

- Actively watch children when they are eating or playing.
- For children under age 3, don't let them eat small, round or hard foods (i.e., hot dogs, hard candies, grapes, popcorn, etc.)
- Follow warnings on toys and games. Look for small parts that can choke children.
- Babies should be put to sleep on their backs.
- Keep pillows and soft things out of the crib.
- Check floors and low places for small objects like buttons, beads, marbles, coins, pins and stones.
- Put all plastic bags where children cannot reach them.
- Avoid rubber balloons, including broken balloon pieces. These are a huge choking hazard.
- Use single piece doorstops (not the ones with a rubber tip).
- Use cordless window blinds or cut the cord inside the blind and attach a tassel.
- Learn CPR for infants and children - just in case.

## GET THE GEAR!

### FEATURED ITEM - SMALL PARTS TESTER

- If objects can fit completely in the tester, they are a choking hazard.
- Where to find - Most toy stores or baby safety aisles.
- Cost - \$2.00



**Use a Small  
Parts Tester**