



HAVE A SAFE AND HAPPY HOLIDAY SEASON

THE FACTS

The holiday season can bring unexpected dangers to children such as from Christmas trees, choking and toy dangers. Fireplaces, space heaters, freezing temperatures may also pose a hazard to your child if you are not careful.

For more safety information, visit www.lebonheur.org/safekids

SAFETY TIPS

- A dry Christmas tree is a fire hazard; choose a fresh one with no shedding needles; water it daily.
- Anchor your tree so children can't pull it over.
- Install smoke alarms on hallway ceilings near bedrooms and on every level of your house; test them monthly.
- Children can choke on popcorn, peanuts, peppermints and other small foods; keep these items out of reach.
- Holly is poisonous if eaten; post the Poison Control number by your telephone; it's 1-800-222-1222.
- Don't allow children to play with rubber balloons; they are a choking hazard.
- Avoid buying toys with sharp edges and small, removable parts.
- If you're giving your child a tricycle or bicycle, give a helmet, too! Nothing else can do more for your child if he falls or crashes.
- To protect from frostbite if temperatures drop, your child should wear several layers of loose-fitting clothes, waterproof mittens, a hat and boots.

Signs of frostbite – A stinging sensation or loss of feeling in the affected area. If symptoms appear, take your child to a warm place, remove wet clothes and keep your child warm.

Signs of Hypothermia – Lethargic or difficult to arouse after exposure to cold. With symptoms, take your child to a warm place and wrap in warm blankets. If your child's temperature is below 95 degrees F, get him to the hospital immediately!

- You also need to be careful on the road. People are rushing to shop or visit and may be driving carelessly. Buckle up your child – and yourself – every ride you take. And drive carefully!



**The Best Gift
is a
Safe Holiday**