



## Sun Safety Activity

**Time:** 30 minutes

### Materials

- Scavenger Hunt map
- Index cards
- Pictures of sun protection
- Sunscreen, hats, sunglasses, long sleeved, tightly-woven shirts, clocks (or drawing of clocks) that show 10 a.m. and 4 p.m., trees, sample UV Index report

### Procedure

1. Prepare a set of index cards with a sun safety question on one side and a hint to direct the students to a location in the schoolyard on the other. Prepare identical sets of cards for each group of students who will do the scavenger hunt.
2. At each identified location in the schoolyard, place objects that answer the question (e.g., sunglasses, hats, sunscreen, etc.) or cards with words or pictures explaining the answer. Include one for each group doing the hunt.
3. Give each group of students a set of index cards and ask them to locate the answers to the questions and to collect one object or card from each location.
4. Once the students have finished, bring them together to discuss each of the items or actions and how they can help protect us from too much sun.

### Curriculum Integration

#### LANGUAGE ARTS

- Have students write a paragraph about how they will protect themselves at home.

#### WRITING

- Practice handwriting skills by writing the sun protection behaviors.

#### SPELLING

- As a spelling test, have students spell the sun protective behaviors.
- Have students complete the secret sun message on Worksheet I10 (page 16).

### Extending the Lesson

- Have students create a crossword puzzle using the sun protection behaviors learned during the scavenger hunt.
- Ask the students to bring in samples of things they can use at home to help protect themselves from the sun (e.g., hats, sunglasses, pictures of shade, etc.)

