# Practice Based Pediatrics Conference

Combined with the Etteldorf Symposium

## March 31-April 1, 2022

Le Bonheur Children's Hospital Memphis, Tennessee







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## **Course Description**

This seminar has been designed to encompass state-of-the-art practices, education, guidelines and trends in pediatrics with a focus on practice-based care for the primary care physician. Clinically and academically oriented faculty will address relevant issues and provide valuable information and insight into conditions and situations commonly presenting in pediatric patients and clinical settings.

## **Target Audience**

This course is designed for pediatricians, family physicians, nurse practitioners, nurses and other healthcare professionals interested in advancing their knowledge about innovations in the treatment of children.

## **Course Co-Directors:**

### Bindiya Bagga, MD

Associate Professor, Pediatric Infectious Disease, University Of Tennessee Health Science Center Pediatric Residency Program Director, Medical Co-Director, Antimicrobial Stewardship Program, Le Bonheur Children's Hospital

#### Jon McCullers, MD

Senior Executive Associate Dean of Clinical Affairs, Chief Operating Officer, Dunavant Professor and Chair, Pediatrics, College of Medicine, University of Tennessee Health Science Center

### Ajay Talati, MD, FAAP

Sheldon B. Korones Professor and Chair, Neonatology, University of Tennessee Health Science Center Vice Chair, Education Chief of Neonatology, Le Bonheur Children's Hospital

### Jason Yaun, MD, FAAP

Associate Professor, University of Tennessee Health Science Center Clinical Director, ULPS General Pediatrics Division Chief, Outpatient General Pediatrics Medical Director, Family Resilience Initiative Associate Associate Program Director, Pediatric Residency Program, Le Bonheur Children's Hospital

## **Etteldorf Speaker:**

#### David Inwards-Breland, MD, MPH

Division Chief, Division of Adolescent and Young Adult Medicine, Co-Director, Center for Gender Affirming Care, Rady Children's Hospital-San Diego Professor, UC San Diego School of Medicine, San Diego, CA

## **Faculty:**

#### Michelle Bowden, MD

Assistant Professor, University of Tennessee Health Science Center General Pediatrics, Le Bonheur Children's Hospital

#### Mark Corkins, MD, FAAP

Professor, University of Tennessee Health Science Center Division Chief, Pediatric Gastroenterology, Le Bonheur Children's Hospital

#### Allison Ford, MD

Assistant Professor, University of Tennessee Health Science Center Pediatric Psychiatry, Le Bonheur Children's Hospital

#### Noel Frizzell, MD

Pediatric Consultants, Memphis, Tenn. (Retired)

#### Aditya Gaur, MD

Member, St. Jude Faculty Medical Director, Occupational Health Director, Translational Trials Unit Director, Clinical Research, Infectious Diseases, St. Jude Children's Research Hospital

#### Ankita Ghosh, MD

Assistant Professor, Úniversity of Tennessee Health Science Center Pediatric Neurology, Le Bonheur Children's Hospital

#### Tim Gillespie, MD

Chief Medical Officer, Memphis Children's Clinic Assistant Professor, Pediatrics, University of Tennessee Health Science Center

#### **Catherine Hammond, MD**

Assistant Professor, University of Tennessee Health Science Center Pediatric Allergy/Immunology, Le Bonheur Children's Hospital

#### Jay Lieberman, MD

Associate Professor, University of Tennessee Health Science Center Pediatric Allergy/Immunology, Le Bonheur Children's Hospital

#### Ranjit Philip, MD

Associate Professor, University of Tennessee Health Science Center Director, Pediatric Cardiology Clinic, Le Bonheur Children's Hospital

#### John Purvis, MD

Assistant Professor, Pediatrics and Neonatology, University of Tennessee Health Science Center

#### Ying Weatherall, MD

Assistant Professor, Surgery and Pediatrics, University of Tennessee Health Science Center Associate Program Director, Pediatric Surgery Fellowship, Surgical Director, Healthy Lifestyle Clinic and Adolescent Bariatric Surgery Program, Le Bonheur Children's Hospital

#### Toni Whitaker, MD

Professor, Pediatrics, University of Tennessee Health Science Center Division Chief, Developmental Pediatrics, Le Bonheur Children's Hospital Director, Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program, University of Tennessee Boling Center for Developmental Disabilities Tennessee State Ambassador, Learn the Signs. Act Early. Program, Centers for Disease Control and Prevention (CDC) Co-Chair, Act Early Tennessee State Autism Summit Team

## **Faculty Disclosure**

As a provider accredited by The Accreditation Council for Continuing Medical Education (ACCME), Methodist Le Bonheur Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director, planning committee, faculty and all others who are in a position to control the content of this educational activity are required to disclose all relationships with ineligible companies. Safeguards against commercial bias have been put in place. Faculty will also disclose any offlabel and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these financial relationships or absence of relevant financial relationships will be disclosed to the audience.

## Accreditation

Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Credit

Methodist Le Bonheur Healthcare designates this live activity for a maximum of 10 AMA PRA Category 1 Credits.<sup>TM</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 8.5 hours in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

## **Tuition**

Registration fee is **\$195.00** for physicians, **\$125.00** for NPs and PAs, **\$100.00** for nurses and free for residents and fellows. Fee for nonhealthcare professionals is **\$95.00**. Methodist Le Bonheur Healthcare reserves the right to alter, reschedule or cancel this program should circumstances so dictate. For further information, call **(901) 516-8933** or visit **www.methodistmd.org**.

## **Conference Materials**

Conference materials will be emailed out the week following the conference.

## **Course Alterations**

Changes in the program faculty, topics and/or schedule may be necessary. These may occur without notice when time does not permit notification.

## **Conference Site**

Russell Chesney Auditorium Le Bonheur Children's Hospital 50 N. Dunlap St. Memphis, TN 38105

## Thursday, March 31, 2022

12:30 p.m. 1 p.m.	Check-in/Registration Welcome, Opening Remarks and Disclosures Michael Wiggins, MBA, FACHE Le Bonheur Children's Hospital President	
Moderators: Jason Yaun, MD, and Bindiya Bagga, MD		
1:15 p.m.	Recurrent Immune Deficiencies/Infection Workup Jay Lieberman, MD	
Objectives:	<ul><li>Recognize common presentations of immune deficiencies</li><li>Identify screening lab work for immune deficiencies</li></ul>	
2 p.m.	Pediatrician's Role in Mental Health Services Allison Ford, MD	
Objectives:	<ul> <li>Identify screening tools used in the primary care setting</li> <li>Explain how the COVID-19 pandemic has contributed to increased anxiety and depression in pediatrics</li> </ul>	
2:45 p.m.	Break	
3 p.m.	Physician Pearls: Lessons Learned - Noel Frizzell, MD	
Objectives:	<ul> <li>Offer reflections and perspectives from a 40-year history of pediatric practice</li> <li>Discuss the future direction of general pediatrics</li> </ul>	
3:45 p.m.	Allergic Rhinitis - Catherine Hammond, MD	
Objectives:	<ul><li>Review the different types of rhinitis</li><li>Discuss epidemiology and treatment of allergic rhinitis</li></ul>	
4:30 p.m.	Adjourn	

## Friday, April 1, 2022

7:30 a.m.	Breakfast
8 a.m.	Welcome, Opening Remarks and Disclosures Jon McCullers, MD
	Moderator: Michelle Bowden, MD
8:15 a.m.	Etteldorf Lecture: Transgender and Non-Binary Inclusivity: Why, Who and When David Inwards-Breland, MD, MPH
Objectives:	<ul> <li>Examine the medical and psychosocial complexity of gender-expansive youth</li> <li>Apply best practices in the care of gender-expansive youth</li> <li>Develop a framework to advocate for gender-expansive youth</li> </ul>
9:15 a.m.	Autism: Identification and Management for Primary Care Toni Whitaker, MD
Objectives:	<ul> <li>Understand components of autism surveillance and screening in the primary care medical home</li> <li>Describe diagnostic criteria for Autism Spectrum Disorder (ASD)</li> <li>Review common medical issues associated with ASD</li> </ul>

10 a.m.	Break
10:15 a.m.	Long Haul COVID-19 and MIS-C - Ranjit Philip, MD
Objectives:	<ul> <li>Review the clinical presentation of MIS-C</li> <li>Identify the chronic sequalae of COVID-19 infections in the pediatric population</li> </ul>
11 a.m.	Bariatric Surgery - Ying Weatherall, MD
Objectives:	<ul> <li>Define obesity and understand its prevalence in the U.S. and our region</li> <li>Discuss multi-disciplinary care of obesity including bariatric surgery and advocate for early referral to a weight management program for patients of all ages.</li> </ul>
11:45 a.m.	Lunch
	Moderator: John Purvis, MD
12:30 p.m.	From a PL-38: Perspective and Pearls - Tim Gillespie, MD
Objectives:	<ul> <li>Develop an appreciation for the tradition of the education and training program</li> </ul>
	<ul> <li>Improve and refine skills in history-taking and physical exam, using tips from others</li> </ul>
1:15 p.m.	UTHSC Distinguished Alumni Award Presentation Tim Gillespie, MD, and Bindiya Bagga, MD
1:30 p.m.	Prep Treatment - Aditya Gaur, MD
Objectives:	<ul> <li>Describe the rationale and options for HIV pre-exposure prophylaxis (PrEP)</li> <li>Utilize evidence-based guidelines and safety and efficacy data to initiate and monitor PrEP</li> </ul>
2:15 p.m.	Break
2:30 p.m.	Your Baby is Perfect: Because Imperfections Make Them Unique - John Purvis, MD
Objectives:	- Review unusual findings that can be managed by the primary
	<ul> <li>care pediatrician</li> <li>Review unusual findings that need further evaluation and/or referral to a subspecialist</li> </ul>
3:15 p.m.	Headaches - Ankita Ghosh, MD
Objectives:	<ul> <li>Discuss epidemiology, pathophysiology and prevalence of migraines</li> <li>Discuss ICHD 3 diagnostic criteria and AAN/AHS 2019 outpatient pediatric migraine management guidelines</li> </ul>
4 p.m.	Abdominal Pain - Mark Corkins, MD, FAAP
Objectives:	<ul> <li>Develop a diagnostic evaluation of a child with abdominal pain</li> <li>Initiate the appropriate therapies for abdominal pain</li> </ul>
4:45 p.m.	Adjourn

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## **Program Registration Form**

Name:			
MD DO NP PA RN Other:			
Address:			
City, State, Zip:			
Phone: ( ) Fax: ( )			
Specialty:			
Email (required):			
NPI# (required for physicians):			
Method of Payment			
□ Check for \$ enclosed (payable to Methodist Le Bonheur Healthcare)			
Credit Card: Charge \$ to my:			
🗅 American Express 🛛 MasterCard 🖓 VISA 🖓 Discover			
□ \$195 for physicians			
\$125 for nurse practitioners and physician assistants			
<ul> <li>\$95 for non-healthcare professionals</li> <li>FREE for residents and fellows</li> </ul>			
Credit Card #: CSC # Exp. Date:			
Card Holder's Name:(Please print)			
Signature:			
(Card holder signature)			
Statement Address:			
City, State, Zip:			
On-line registration available at www.methodistmd.org/cme			
or mail your completed registration form and tuition to: Continuing Medical Education			
Methodist Le Bonheur Healthcare			
251 S. Claybrook, Ste. 512 • Memphis, TN 38104 cme@mlh.org			



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