

Pediatric Advanced Practice Provider Conference

“Best Practice, Best Care”

Nov. 13-14, 2025

Le Bonheur Children's Hospital • Memphis, Tenn.



Le Bonheur
Children's Hospital

 THE UNIVERSITY OF
TENNESSEE
HEALTH SCIENCE CENTER.



National Association of
Pediatric Nurse Practitioners™
TN: BLUES CITY

Pediatric Advanced Practice Provider Conference

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COURSE DESCRIPTION

The 7th annual Pediatric Advanced Practice Provider Conference: Best Practice, Best Care is hosted by Le Bonheur Children's Hospital, The University of Tennessee Health Science Center - College of Nursing and the Blues City Chapter of the National Association of Pediatric Nurse Practitioners. This one-of-a-kind conference is specifically tailored for nurse practitioners and physician assistants who take care of pediatric patients. Current evolving topics in pediatric health care will be covered with an emphasis on new innovations and evidence-based care.

*The pre-conference on Thursday, Nov. 13 is **in-person only**. The main conference on Friday, Nov. 14 is **also in-person**, with limited virtual access available only for attendees located more than 50 miles away or under special circumstances.*

TARGET AUDIENCE

This course is designed for Advanced Practice Providers.

COURSE DIRECTORS

Stefanie Christy, DNP, CPNP-PC

Brianna Dale, DNP, CPNP-PC

Sally Humphrey, DNP, CPNP-PC

James A Hutcheson IV, DNP, CPNP-AC

Holly Lydigsen, DNP, CPNP-PC, ACGN

Elizabeth A. Paton, DNP, CPNP-AC, PPCNP-BC, CPEN, FAEN

Andrea Sebastian, DNP, CPNP-AC/PC, AFN-C, SANE-P

FACULTY

Leah M. Apalodimas, DNP, APN, CPNP-AC/PC, CCRN

Clinical Assistant Professor, The University of Tennessee, Knoxville, Tenn.
Nurse Practitioner, Pediatric Cardiology, Le Bonheur Children's Hospital

Emily Denton, MSN, CPNP-AC

Nurse Practitioner II, Bone Marrow Transplant and Cellular Therapy,
St. Jude Children's Research Hospital

Jess Guthrie, MFA, M.Ed.

Associate Director, Student Leadership and Activities, The University of
Tennessee (UT) Health Science Center, Office of Student Success

Sally Humphrey, DNP, CPNP-PC

Assistant Professor, College of Nursing, UT Health Science Center
Nurse Practitioner, Endocrinology, Le Bonheur Children's Hospital

Katherine O. Hunter, MSN, CPNP-PC

Instructor, College of Nursing, UT Health Science Center
Nurse Practitioner, Interventional Cardiology, Le Bonheur Children's Hospital

Patricia J. Pease, DNP, FNP-BC, NPD-BC

Advanced Practice Provider, Professional Development Educator,
St. Jude Children's Research Hospital

Kimberly Proctor, MSN, PPCNP-BC

Nurse Practitioner, Interventional Radiology,
St. Jude Children's Research Hospital

Danielle Reynolds, DNP, FNP-C

Nursing Research Specialist, Advanced Practice Provider,
St. Jude Children's Research Hospital

Jenny R. Strelsin, MSN, CPNP-AC

Instructor, College of Nursing, UT Health Science Center
Pediatric and Congenital Electrophysiology
Coordinator, Project ADAM: Lawson's Legacy
Le Bonheur Children's Hospital

Akeria Taylor, MPH

Program Coordinator
St. Jude Children's Research Hospital

Brittany Williams, DNP, CPNP-AC/PC, CNL

Assistant Professor, College of Nursing, UT Health Science Center
Nurse Practitioner, Pediatric Neurology, Le Bonheur Children's Hospital

Brian Winbigler, Pharm.D., MBA

Chief Operating Officer
Winbigler Medical, PLLC

OBJECTIVES

Upon completion of this course, the participant should be able to:

- Recognize the scope and public health impact of the opioid epidemic.
- Identify key risk factors associated with opioid use disorder in pediatric populations.
- Define principles of safe opioid prescribing and management in clinical practice.
- Describe how poverty simulation enhances empathy in nursing education.
- Identify practical strategies to integrate quality improvement (QI) into daily clinical practice.
- Differentiate common interventional radiology procedures and their indications.
- Recognize early signs and symptoms of seizures in children aged 0–5 years. (0.25 Rx)
- Describe current CDC and ACIP recommendations for HPV vaccination. (0.25 Rx)
- Recognize essential pediatric cardiac anatomy and physiology relevant to clinical assessment.
- Evaluate pediatric ECGs and determine when referral to a specialist is appropriate.
- Describe updated clinical guidelines for screening and diagnosing Type 1 diabetes in children.
- Evaluate the role and impact of Advanced Practice Providers (APPs) in pediatric nursing research.
- Propose strategies for APPs to lead and support continuing professional education.
- Summarize leadership opportunities for APPs in interdisciplinary healthcare transformation.

ACCREDITATION

The pre-conference program is approved for up to 2.0 CE contact hours, all of which include pharmacology (Rx) content, in accordance with the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines. These contact hours meet the Controlled Substance Prescribing requirement under the Tennessee Chronic Pain Guidelines. Note: Credit is available for in-person attendance only.

The main conference is approved for up to 6.75 CE contact hours, including 0.5 contact hours of pharmacology (Rx) content, per NAPNAP Continuing Education Guidelines. Note: Credit is available for both in-person and virtual attendance.

To receive CE credit, participants must complete the post-event evaluation via the QR code provided. The deadline to submit evaluations is Jan. 15, 2026. CE certificates will be emailed within two weeks of survey completion to the address provided.

CE contact hours are awarded to Advanced Practice Registered Nurses (APRNs) and Registered Nurses (RNs).

FACULTY DISCLOSURE

All faculty presenters are required to complete a faculty declaration form and disclose to participants the presence of significant relationships with commercial companies whose products are discussed in their presentations. This disclosure statement should be reported for at least two years beyond the termination of any consultant or speaker arrangement. NAPNAP CE providers must ensure that learners are aware of commercial support provided in the form of educational grants and any relevant financial relationship(s).

Additionally, all those involved in the planning of, or those who are in a position to control the content of a CE activity, must disclose all relevant financial relationships with any commercial interest.

Should a NAPNAP provider determine that a conflict of interest exists as a result of a financial relationship a planner, author or presenter, or their spouse/partner may have, the provider must resolve the conflict prior to the offering. The activity and review of the content must conclude that content is unbiased, scientific and objective.

TUITION

Pre-Conference

The fee for the pre-conference is **\$30** for professionals (NP, PA, MD, RN) and **\$20** for students.

Main Conference

The fee for the main conference on Friday is **\$60** for professionals (MD, PA, NP, RN) and **\$45** for students. All registrants will have access to the recorded webinar after the conference.

To register, visit <https://igfn.us/form/li9xjg> or text **PAPPC** to **41444**.

THURSDAY, NOV. 13, 2025

2-4 p.m. **Pre-Conference (Optional) - *In-Person Only***

- **Prescribing with a Purpose:
Tennessee-Specific Prescribing Laws
and Guidelines**
Admin Conference Room
Brian Winbigler, PharmD, MBA

Pre-conference Reception Immediately Following

FRIDAY, NOV. 14, 2025

7:30 a.m. **Registration and Breakfast (if on-site)**

8 a.m. **Welcome and Opening Remarks**

8:10 a.m. **Mind the Gap: Using Poverty Simulation to
Deepen Empathy in Nursing Education**
Jess Guthrie, MFA, M.Ed.

8:55 a.m. **Think. Improve. Repeat: Building QI into
Daily Practice**
Emily Denton, MSN, CPNP-AC

9:40 a.m. **Break / Visit Exhibitors**

10 a.m. **BREAKOUTS**

Breakout 1:
Interventional Radiology “Empower”
Kimberly Proctor, MSN, PPCNP-BC

Breakout 2:
Baby Shakes: When it Matters
Brittany Williams, DNP, CPNP-AC/PC, CNL

10:30 a.m. **BREAKOUTS**

Breakout 3:

HPV Vaccination is Cancer Prevention

Akeria Taylor, MPH

Breakout 4:

The Heart of the Matter: Core Anatomy and Physiology in Pediatric Cardiology

Katherine O. Hunter, MSN, CPNP-PC

11 a.m. **BREAKOUTS**

Breakout 5:

Interpreting with Intent: Pediatric ECGs and Referral Readiness for the Advanced Practice Provider

Jenny Strelsin, MSN, CPNP-AC

Breakout 6:

Advancing Early Detection: New Clinical Guidelines for Type 1 Diabetes Screening

Sally Humphrey, DNP, CPNP-PC

11:30 a.m. **Lunch and Time with Vendors**

12:10 p.m. **NAPNAP Announcements**

12:15 p.m. **Innovation in Action: The Impact of Advanced Practice Providers in Nursing Research**

Danielle Reynolds, DNP, RN, FNP-C

1 p.m. **Elevating Teams: Advanced Practice Educators as Catalysts for Lifelong Learning**

Patricia J. Pease, DNP, FNP-BC, NPD-BC

1:45 p.m. **Break / Snacks**

2 p.m. **Your Ideas Are More Valuable Than You Think: Leading Change in Interdisciplinary Healthcare**

Leah M. Apalodimas, DNP, APN, CPNP-AC/PC, CCRN

2:45 p.m. **Conference Wrap-up**

CONFERENCE SITE

Russell W. Chesney Auditorium • 50 N. Dunlap St. • Memphis, TN. 38103
Free parking in the Family/Guest garage on 130 N. Manassas.

CONTACT US

Questions regarding registration? Contact **Liz Salton** at elizabeth.salton@mlh.org. Other questions pertaining to the conference schedule or agenda? Contact **Beth Paton** at epaton@uthsc.edu.

PROGRAM REGISTRATION FORM

Pediatric Advanced Practice Provider Conference

Nov. 13-14, 2025

Name: _____

☐ MD ☐ DO ☐ NP ☐ PA ☐ RN ☐ Other: _____

Address: _____

City, State, Zip: _____

Phone: () _____

Specialty: _____

NPI#: _____

Email address required for CE: _____

Pre-Conference Attendance: ☐ Attending ☐ Not Attending

Conference Attendance: ☐ Virtual ☐ In-Person

Online registration available at
<https://igfn.us/form/1i9xjg>, or text PAPPC to 41444
or mail your completed registration form and fees to:

Le Bonheur Children's Hospital Foundation
PO Box 41817 • Memphis, TN 38174-1817

Method of Payment

☐ Check for \$ _____ enclosed (payable to **Methodist Le Bonheur Healthcare**)

☐ Credit Card: Charge \$ _____ to my:

☐ American Express ☐ MasterCard ☐ VISA ☐ Discover

Credit Card #: _____

Exp. Date: _____ CSC #: _____

Card Holder's Name: _____

(Please print)

Signature: _____

(Card holder's signature)

Statement Address: _____

City, State, Zip: _____



848 Adams Ave,
Memphis, Tennessee 38103