

Sick Day with or without PUMP ~ Correct with pump once – if Blood glucose does not come down by 50 points(mg/dl) in an hour
 – next **correction with injection** and **change pump site immediately!**

SICK DAY AT A GLANCE (CAN EAT)

If your child CAN EAT	BG Testing	Ketone Testing	Food & Beverage	Humalog Novolog for food (Units/Carb)	Humalog/Novolog correction	¹ Long acting Insulin (Lantus, Levemir) ² Pump Basal Rate	Follow Up or Continued Correction
CAN EAT with Neg-Small Urine Ketones or Blood Ketones Neg- 1.5	Every 2 hours	Every trip to bathroom or diaper change Every 4 hours if testing Blood Ketones	Usual meal plan with extra water or sugar free fluids (as much as possible)	Usual units/carb	Usual correction scale at meals.	¹ Usual dose at usual time ² No change to pump basal rate	<ul style="list-style-type: none"> If 5 years or older ~ Continue to correct between meals every 2 hours if BG is 250 or greater If less than 5 years ~ Continue to correct every 2 hours if BG is 300 or greater
CAN EAT with Mod-Large Urine Ketones or Blood Ketones greater than 1.5	Every hour	Every trip to bathroom or diaper change Every 4 hours if testing Blood Ketones	Usual meal plan with extra water or sugar free fluids (as much as possible)	Usual units/carb	Usual correction scale at meals	¹ Usual dose at usual time ² Pump If BG over 250 and improved with correction, but elevated at next check, increase pump basal by 50% for 2 hours then reassess	<ul style="list-style-type: none"> Continue to correct every hour if BG is 250 or greater If BG not less than 250 & Ketones Mod-Large after 3 hours call RN or MD on call
CAN EAT But not Usual Amount with Neg-Small Urine Ketones or Blood Ketones Neg- 1.5	Every 2 hours	Every trip to bathroom or diaper change Every 4 hours if testing Blood Ketones	Eat what you can at meal times, bland foods (see food & drink guidelines)	Dose your Units/Carb for all carbs	Usual correction scale at meals.	¹ Usual dose at usual time ² No change to pump basal rate	<ul style="list-style-type: none"> If 5 yrs or older ~ Continue to correct between meals every 2 hours if BG is 250 or greater If less than 5 yrs ~ continue to correct every 2 hours if BG is 300 or greater.
CAN EAT but Not Usual Amount with Mod-Large Urine Ketones or Blood Ketones greater than 1.5	Every hour	Every trip to bathroom or diaper change Every 4 hours if testing Blood Ketones	*Eat what you can at meal times, bland foods (see food & drink guidelines)	Usual units/carb	Usual correction scale at meals.	¹ Usual dose at usual time ² Pump If BG over 250 and improved with correction, but elevated at next check, increase pump basal by 50% for 2 hours then reassess	<ul style="list-style-type: none"> Continue to correct every hour if BG is 250 or greater If BG not less than 250 & Ketones Mod-Large after 3 hours call RN or MD on call

EMERGENCY PHONE NUMBER

901-287-6659

Remember to call if you have questions about Sick Day

Sick Day with or without PUMP ~ Correct with pump once – if Blood glucose does not come down by 50 points (mg/dl) in an hour
 – next **correction with injection and change pump site immediately!**

SICK DAY AT A GLANCE (CAN NOT EAT)

If your child CAN NOT EAT	BG Testing	Ketone Testing	Food & Beverage	Humalog Novolog for food (Units/Carb)	Humalog/Novolog correction	¹ Long acting Insulin (Lantus, Levemir) ² Pump Basal Rate	Follow Up or Continued Correction
CAN NOT EAT but CAN DRINK fluids with Neg-Small Urine Ketones or Blood Ketones Neg- 1.5	Every 2 hours	Every trip to bathroom or diaper change Every 4 hours if testing Blood Ketones	If BG is less than 150 all fluids pushed have SUGAR If BG 151-250 first 2-4 oz per hour with sugar, all additional fluids sugar free BG 250 or greater ALL fluids should be sugar free or water	Does Not Apply	If less than 5 years old, NO correction if BG is less than 300 If 5 years or older and BG 250 or greater correct every 2 hours with usual	¹ Usual dose at usual time ² Pump-If BG less than 100mg/dl decrease basal by 40% if BG over 100 no change to basal	If BG less than 100 call RN or MD on call If BG not less than 250 after 3 corrections (6 hrs) call MD or RN on call
CAN NOT EAT but CAN DRINK fluids with Mod-Large Urine Ketones or Blood Ketones greater than 1.5	Every hour	Every trip to bathroom or diaper change Every 4 hours if testing Blood Ketones	If BG is less than 150 all fluids pushed have SUGAR If BG 151-250 first 2-4 oz per hour with sugar, all additional fluids sugar free BG 250 or greater ALL fluids should be sugar free or water	Does Not Apply	If BG is less than 100 call MD or RN on call If BG 250 or greater you must correct every hour with usual correction dose.	¹ Usual dose at usual time ² Pump If BG over 250 and improved with correction, but elevated at next check, increase pump basal by 50% for 2 hours then reassess	If BG is not below 250 and Ketones still Mod-Large after 3 hours call MD or RN on call
CAN NOT EAT or DRINK or VOMITTING with Mod-Large Urine Ketones or Blood ketones greater than 1.5 or BG less than 100	Every hour	Every trip to bathroom or diaper change Every 2 - 4 hours if testing Blood Ketones	If BG is less than 150 all fluids pushed have SUGAR If BG 151-250 first 2-4 oz per hour with sugar, all additional fluids sugar free BG 250 or greater ALL fluids should be sugar free or water	Does Not Apply			Call MD or RN on call or Go to Emergency Room

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