

# ULPS Le Bonheur Sick Day Record



ULPS Le Bonheur Sick Day Record					Name:			Date of Birth:		Date:	
					ULPS Outpatient Endocrine Center: 901-287-6659						
Time	Blood Glucose	Ketones	Liquids (oz.)	Foods (Total Carbs)	Insulin			Symptoms (fever, nausea, vomiting, dizziness, etc.)	Other Medications	Comments (Can Eat/Cannot Eat) (Calls to Provider/Other)	
					Bolus	Extra	Basal				

**Total Fluids** \_\_\_\_\_ **Total Insulin** \_\_\_\_\_

Remember to call the urgent phone number 901-287-6659 or go to the emergency room if BG is 250 or greater and mod-large ketones for greater than 3 hours. Call or go to the emergency room if vomiting with mod-large ketones.