

SECURING THE PROMISE

FALL 2016

Beyond the Walls

Building a foundation for children and families in our community

- ♥ Chef Kelly English: Cooking for a Cause
- ♥ Growing Friendship: Mississippi families find common bond

Le Bonheur
Children's Hospital

Le Bonheur Children's Hospital in Memphis, Tenn., treats more than 250,000 children each year through community programs, in regional clinics and a 255-bed hospital that features state-of-the-art technology and family-friendly resources. Our medical staff of more than 240 physicians provide care in 45 subspecialties.

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Securing the Promise is a publication of Le Bonheur Children's Hospital, produced by Le Bonheur Institutional Advancement. If you have any questions or wish to be removed from the mailing list, please contact us at 901-287-6308 or info@lebonheur.org.

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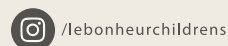


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Support Le Bonheur

For more information about ways to support Le Bonheur Children's by volunteering, attending events, developing partnerships and giving financially, please visit lebonheur.org/ways-to-help or call 901-287-6308.

www.lebonheur.org/secure



MESSAGE FROM MERI

Dear Friends,

What if, together, we could improve childhood for every kid growing up in our city? What if we met every child, wherever they were, and made their lives better?

Thank you again for your commitment to children. Your gifts are changing childhood for many children. You are doing something good. You are making a difference.

You are helping secure the future of our community for generations to come.

Together, I want our legacy to be that we changed the way children live in Memphis and our surrounding region. I really want this place to make a difference, and I believe that we can – with your help.

You can make the day better for so many children – you can help make families whole. You can make a meaningful difference for the future of our community.

We are so much more than a hospital. Keep reading and learn some of the ways together we are meeting our community's deepest needs through medical care, education and advocacy. We're so grateful for your partnership.

With gratitude,



Meri Armour, MSN, MBA
President and CEO



Beyond the Walls

Building a foundation for children and families in our community

When she became pregnant, **Terri** didn't know much about being a mom. **Jennifer** worried every day as students crossed the street to school. **Bernice** needed to work, but didn't know who could care for her daughter with special needs. When these parents and thousands of others needed help, Le Bonheur Children's Hospital was there.

Families in our community face barriers to raising their children. Nearly half of all children in Memphis and its surrounding area live below the poverty line. Tennessee has one of the highest teen pregnancy rates in the country. Asthma is the No. 1 reason children end up in the hospital. Where people live, work, go to school and play can have a crippling impact on their health. Poverty and illness and injury threaten the health and wellbeing of our entire community.



The first smile and first steps are special milestones for moms. For the moms in **Le Bonheur's Nurse Family Partnership (NFP)**, watching their 2-year-olds cross the stage in blue graduation robes ranks near the top. The graduation is a culmination of a nearly three-year journey. A mom in the program receives regular home visits from a Le Bonheur nurse throughout her pregnancy until her child's second birthday. Since 2010, more than 600 moms and their first-born children have completed the program. In addition to the pride, NFP has improved pregnancy outcomes, child health and development and families' economic self-sufficiency.



For nearly 40 years, Le Bonheur Children's Hospital has gone outside the walls of the hospital to address barriers that hold children back from thriving. So much of what the hospital sees is preventable, according to President and CEO Meri Armour.

"We want to be a hospital that changes the way children live in our community," Armour said. "I really want this to be a place that makes a difference in Memphis. To do that, we must be actively present in our community."

Today, Le Bonheur sends 175 health workers, therapists, educators and more out into the community. They're joined by pediatricians, pediatric subspecialists and nurses who see patients in Le Bonheur clinics throughout West Tennessee, North Mississippi and Eastern Arkansas.

Community-based staff partner with pediatric experts in 45 medical specialties, ensuring



Be Proud! Be Responsible! Memphis! changes the conversation about sex for teens. Instead of relying on what they hear from friends, they're hearing from trained educators. In six years, Le Bonheur educators have taught more than 12,000 teens in community centers, churches and Shelby County schools. The two-week program empowers teens to develop a sense of pride, self-confidence and self-respect through sexual disease education, safe-sex practices and life skills-building activities. Thanks to ***Be Proud! Be Responsible! Memphis!*** and other efforts, the Shelby County teen birth rate is down 32 percent since 2010.



Few child care centers are equipped to handle children with special needs. **Le Bonheur Early Intervention and Development (LEAD)** partners with teachers, nurses, therapists and families to encourage full inclusion for 305 children in child care centers, including Little Harvard Childcare pictured above. LEAD facilitators help enhance developmental growth, improve independence and empower families to become advocates. LEAD receives some funding from the local United Way campaign. Nearly 3,000 children receive therapy in their home or school through Le Bonheur's early intervention programs.



that the medical needs of childhood are covered.

Le Bonheur community programs touch every stage of childhood from infancy to teenage years and are focused on helping families establish strong foundations for their children's health, safety and well-being.

"Our primary job is to deal with children's health care, but there are a lot of barriers in our

kids' families, homes and environments that make it hard to do. You can't deliver medical care when a family is in chaos," said Jon McCullers, MD, Le Bonheur pediatrician-in-chief.

Last year, nearly 90,000 children and families received services through one of Le Bonheur's 20 community-based programs. When combined with patients served in the hospital and in community clinics, **no other**

organization in the region serves more children than Le Bonheur

Children's. Parents look to Le Bonheur for guidance to raise their children because of the hospital's expertise in every aspect of childhood development.

And, for the last six decades Le Bonheur has



advocated on behalf of all children.

Armour views the work Le Bonheur does beyond the walls of the hospital just as important as what

happens inside.

"I like to think of the walls of our hospital being very fluid. On any given day, we're caring for about 200 children inside the building. But there are more



*Memphis has been hard hit by the HIV epidemic. Our community is No. 1 in the nation for the number of AIDS cases and seventh for the number of new HIV diagnosis. Diagnosing new cases and connecting those individuals to care is vital to limit and prevent the spread of the disease. Through a series of programs, **Community HIV Network** cares for those infected and affected by the disease – because healthy children come from healthy families and healthy communities.*

than 300,000 children in our region who need help. All children matter, and it's our obligation to help them," she said.

And it's not a fight Le Bonheur approaches alone. The hospital intentionally works with many community non-profits, school systems, local governments and foundations to implement proven programs.

"In order for children to grow up healthy and



strong, they need the advantage of great families, great infrastructure, great schools and a great health care system so they can develop to be the best person

they can be," said Armour.

"Together we are protecting the future for children."

GIVE A STRONG FOUNDATION

The call for help from our community's children has never been so great. Memphis ranks last in the nation for the most unhealthy housing. Each year, 12,000 children from our community end up in the emergency room because of a preventable problem. Nationally, this



*Le Bonheur works to equip parents to be the best parents they can be. Support groups, like the one above at Memphis Strong Families Initiative, give parents the skills and resources they need to raise healthy children. Support groups and parenting classes are just one part of the **Early Success Coalition (ESC)**, a broad-base collaborative aimed at improving the lives of families with young children in Shelby County. Along with partners, ESC has decreased child abuse and neglect and improved school readiness.*

region is home to one of the worst areas for asthma.

These challenges feel daunting says Armour, but children's hospitals have tackled far greater challenges.

"Pediatric hospitals solved the polio epidemic, and today we can cure children with certain forms of cancer. Those were overwhelming odds when they were taken on as challenges. Today is no different. Changing

and influencing our community is important. It's not something we can walk away from."



Connecting children to medical care is a priority for Le Bonheur. **Two mobile medical units** travel to communities with limited access to medical support. Nearly 30 nurses work in schools across the region. The pediatricians and nurses provide medical screenings, teach healthy lifestyles and connect children to area pediatricians for follow up visits. Last year, Le Bonheur served more than 34,000 children through these programs. Part of this service is made possible with funding from the Children's Health Fund and The Urban Child Institute.

**Solving the challenges for children today
requires one more person: you.**

Your support helps us help more kids.

A child can receive important medical screenings
in a mobile doctor's office at their school.

A young mother can learn how to take care of
her baby.

A family can learn how to manage asthma
and not end up in the hospital.

A child can grow and thrive.

You can help build a strong foundation for
children... families... our community.



*The most frequent reason for children visiting our emergency department is breathing difficulties. Four years ago, Le Bonheur launched a program to target the most chronic disease of childhood. **CHAMP, Changing High-Risk Asthma in Memphis through Partnership**, developed a team of physicians, nurses, respiratory therapist and community health workers who walk alongside families of children with poorly-controlled asthma. They teach the family how to better manage the disease and help reduce the triggers that cause attacks. Of the nearly 600 children in the program, hospitalizations are down 70 percent, and the cost to care for each child has been cut in half. The program was created with a grant from Health Care Innovation Award from the Centers for Medicare and Medicaid Services (CMS) and receives support from The Urban Child Institute, Plough Foundation and Seabrook Asthma Fund.*



Lebonheur
CHAMP
Raisha Montgomery
Community Health Worker

Building brains with books

By Jason Yaun, MD

I am grateful that my parents and teachers instilled a passion for reading in me. As a child, I would read everything I could get my hands on. I remember hiding under the covers late at night reading the *Hardy Boys* series with a flashlight.

Now, as a father, I love reading to my kids because I know I am passing on that love for reading while bonding with them and developing a lifetime of memories.

As a pediatrician, reading is important to me because every child needs a strong start to succeed and thrive. A strong educational foundation is vital to establishing a pathway for a lifetime of health and wellness.

All parents want the best for their children, and exposure to books and language beginning at birth is an important way to build brains, communication skills and social-emotional skills that last a lifetime. A strong body of research shows that reading to children from birth and exposing them to books

increases vocabulary scores, enjoyment of reading and kindergarten readiness.

At Le Bonheur, we want kids to develop into strong, healthy and smart adults. That's why we put books in the hands of children through participation in Reach Out and Read, a national literacy program that gives books to children at doctor appointments and promotes reading aloud daily to children. Pediatricians have early and frequent contact with young children and families, making the doctor's office an ideal place to discuss the importance of reading aloud daily.

Giving an infant a book introduces pre-literacy skills such as how to hold a book, how to manipulate pages and how to follow a story. For older children a book opens their imagination to worlds unseen that they might not otherwise know, while giving them the skills they need to progress to readers.

Promoting early literacy has a powerful effect on families and children that improves their home environment,



Jason Yaun, MD

their language skills and parent-child relationships during the crucial time of early brain development.

It takes a community to help children grow and thrive. When you support Le Bonheur, you're partnering with us to help kids and families be the best they can be.

Jason Yaun, MD is a general pediatrician with Le Bonheur Pediatrics and associate professor with The University of Tennessee Health Science Center.

Caring for children and families goes beyond medical care. Exposing children to books at a young age builds language and social-emotional skills that last a lifetime. Thanks to partners like Reach Out and Read, Books from Birth, KPMG, Urban Child Institute and the Spotts family, Le Bonheur promotes literacy in pediatrician offices, child care centers and the hospital. With your help, we can expand efforts to encourage literacy from a young age.





Radhika takes a ride

College student uses scholarship money to teach kids about bicycle safety

Radhika Puri woke up in a hospital bed after 21 days in a coma. The 16-year-old learned she'd fallen off her bike and hit her head on the pavement. Radhika wasn't wearing a helmet. She suffered a traumatic head injury and missed nine weeks of high school while recovering in a rehabilitation hospital.

"To have a traumatic brain injury and return to normal in two months is practically unheard of," Radhika said. "I am so blessed and thankful and wanted to use my story to inspire others. Wearing a helmet should not be taken lightly, ever."

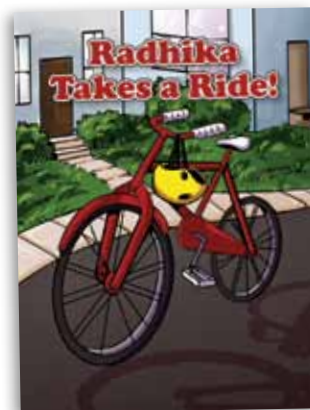
Radhika made a miraculous recovery. She went on to attend Rhodes College. She was a recipient of the Clarence Day Scholarship, a program which encourages scholars to be part of

a project that gives back to the Memphis community. Radhika partnered with Susan Helms, Le Bonheur's director of Injury Prevention and Safe Kids Mid-South, to develop programs to reduce bicycle injuries. The pair based their work on hospital data – between 2010 and 2015, 300 children suffered a head injury as a result of a bicycle accident. Very few of these children were wearing helmets, just like Radhika's story.

Through her scholarship, Radhika was awarded \$5,000 to implement programs focused on improving bicycle safety in the region. She partnered with Safe Kids

Mid-South to host a bike rodeo which included a helmet-fitting station and obstacle course designed to teach safe bike riding for more than 100 children.

Radhika and Susan took the project a step further after receiving a grant from Arts Memphis and the Assisi Foundation of Memphis to develop a coloring and activity book, *Radhika Takes a Ride*. The pair partnered with Memphis College of Art, and the book is now distributed to children at local educational events.



A coloring book based on Radhika's story teaches kids the importance of wearing a helmet.

Orion: Making a difference

Daniel Weickenand says it's easy to write a check. He should know. He's the CEO of Orion Federal Credit Union. But when he thinks about Orion's impact in the community, it's really about being difference-makers with the resources of both money and time.

That's why Orion, the largest credit union in Memphis, has partnered with Le Bonheur's injury prevention program, Safe Kids Mid-South. Orion employees now serve alongside the hospital's staff at safety events throughout the community. They provide life-saving products like safety seats and bicycle helmets and teach children to look both ways when crossing the street.

"You have to really care about a cause to spend your personal time helping them achieve their goals," Weickenand

said. "You could be out having a nice dinner, cheering on the Griz or listening to music on Beale, but instead, you're choosing to help. You're making a difference in someone else's life."

Weickenand says Le Bonheur was a perfect fit for the Orion Gives Back program.

"It's nearly impossible to live in Memphis and not have a personal experience with Le Bonheur," he said. "Safe Kids Mid-South educates children in the community – the same community where our employees and members live, work and kids play."

Orion will celebrate two milestones soon – a new branch next door to Le Bonheur and the credit union's 60th birthday in 2017.

Le Bonheur Director of Injury Prevention Susan Helms is joined by Orion CEO Daniel Weickenand, Orion Business Development Officer Trevia Chatman and Orion Branch Manager (821 Poplar) Richard Vassallo.





Addressing what makes kids sick

By Lauren Mutrie, MD

Before I moved to Memphis three years ago, I cared for HIV-positive children in sub-Saharan Africa. My experience there gave me a first-hand panorama into the glaring effects of poverty. While I was exposed to a different scale of poverty, I observed commonalities unique to poor communities all over the world. I saw how small public health interventions had the potential for enormous health impact for individuals, families, communities and entire populations.

I see my work at Le Bonheur as a way to bridge the worlds of clinical pediatrics and public health. In Memphis, we have a child poverty rate double the national rate. Our children struggle with not having enough nutritious food to eat, unsafe housing and neighborhood violence, addiction and limited access to mental health resources, broken families, illiteracy and untreated learning disabilities, and homelessness. Sick

children who live in poverty all too often have complicated and traumatic social circumstances.

To help patients overcome the stigma of poverty and chronic illness, we must transform the conversation around health and healing. We must ask, what is it about where our patients live, play or go to school that leads them to a place of illness or instability? Problems in non-medical areas of life have tremendous implications for overall success and health in childhood and young adulthood. Effective treatment requires a holistic, compassionate and interdisciplinary approach.

Last year we launched Memphis CHiLD, a medical legal partnership between Le Bonheur, the University of Memphis School of Law, Memphis Area Legal Services and the University of Tennessee Health Science Center. Memphis CHiLD is an innovative advocacy tool through which we

aim to improve overall child health. The advocacy capabilities we have as doctors, especially when coupled with lawyers, serve as preventative and curative medicine for our patients whose social determinants of health anchor them in poverty and illness.

Child poverty goes hand-in-hand with health disparity, and the degree of disparity regulates access to opportunity. We see this phenomenon every day as physicians. As an interdisciplinary partnership, Memphis CHiLD has the unique ability to address the pathologies associated with poverty, to restore healing and to take on the challenge of eliminating health inequities in our community.

Lauren Mutrie, MD, MSC, is a general pediatrician with Le Bonheur Pediatrics, associate professor with The University of Tennessee Health Science Center, pediatric consultant to Memphis CHiLD and oversees global health and advocacy programs for pediatric resident physicians.

You can build a strong foundation for

Terri Hines says she had to grow up a lot after having a baby. The young mother didn't know much about being a mom, but her confidence grew each time she talked with Le Bonheur Nurse Beth Pletz. For two years, Beth made regular visits to Terri's home. It was there, in those visits with Beth, that Terri learned to be a better mom. Beth taught Terri how to breastfeed her son, Denterrius, what to expect with each stage of development and ways to balance work and motherhood. "Beth helped me change my life to take care of someone else," Terri said.



The early years of a child's life are critical to brain development. The social, emotional and cognitive skills built during this time determine a child's foundation for future growth. Nurse visitation programs make investments in children and mothers, like Denterrius and Terri Hines, that will reap long-term benefits for families, businesses and communities.



Sometimes families need professional support to reach their fullest potential. We come alongside families, like Bernice and Charlize Harris, to help remove barriers to success. Investments in today's families will reap dividends tomorrow – socially and economically.

Bernice Harris put a lot of things on hold, including her job, when daughter Charlize was born. A feeding tube and specialized care for Charlize's congenital heart defect made it difficult to find childcare. When Bernice needed to go back to work to support her family, Le Bonheur doctors, nurses, therapists and childcare experts helped develop a plan for Charlize. A Le Bonheur educator worked alongside the childcare center staff to ensure Charlize's medical and educational needs were met. Today, Charlize, 5, is thriving, and Bernice can support her two children.

It takes a community to help children and families thrive. We need you on our team.



kids and families in our community.



No matter where they live, kids deserve to be free from harm. We partner with local organizations, schools, law enforcement, universities and government to create a safer place for children to grow and thrive. The area around Treadwell Elementary School is now safer for Jennifer Shiberou to walk her sons Addis and Samuel to school.

Parent Teacher Organization President Jennifer Shiberou hoped students would arrive safely to her children's school – Treadwell Elementary. In 2014, the area around Treadwell had one of the highest rates of pedestrian injuries in Memphis. Le Bonheur Safety Expert Susan Helms rallied the community – engineers, urban planners, parents, school leaders and FedEx leaders to add new flashing signs to alert drivers to pedestrians, make crosswalks safe and reroute car lanes. Today, the City of Memphis is using new guidelines for school zones thanks to the work at Treadwell.



You



Their story is your story.



*Your investment helps
children and families thrive.*

Give today at www.lebonheur.org/invest or by calling 901-287-6308.

COOKING *FOR* A CAUSE

Behind the scenes, in the back of the house.
In a hot, noisy, chaotic kitchen.

That's where Chef Kelly English, of Memphis' Restaurant Iris and The Second Line, is in his element.

But on this spring night, in front of a crowd of

800 guests, the normally unassuming restaurateur takes to the stage.

As the host of Le Bon Appétit, a prestigious gourmet benefit presented by Le Bonheur Club, Kelly recruits renowned guest chefs from Memphis and across the country to support the efforts of Le Bonheur Children's Hospital.



Hundreds of guests mill around the Pipkin Building, a cool warehousey venue next to the Liberty Bowl Stadium, munching on decadent, creative creations such as boudin topped with chicken fried cotton candy, maple vinegar custard with shiitake mushrooms and trout caviar and Lebanese lamb tartar. Drinks are flowing from the city's top mixologists, and desserts from top pastry chefs await.

When the time has come, Kelly walks to the stage, halts the band and takes the mic. Even though he has the spotlight, he turns the focus to what really matters most — the work at Le Bonheur Children's and the



Chef Kelly English greets patient Avery Downing and her mother Sonja Clifton.

patients it serves.

The night's guest of honor is Le Bonheur patient Avery Downing, 17, who fell during a gymnastics practice when she was 13 and broke her back. She had surgery at Le Bonheur Children's Hospital and went through extensive rehabilitation at an out-of-state facility. The money raised from this

year's event, totaling \$340,000, will help Le Bonheur Club fund an outpatient rehabilitation center at Le Bonheur Outpatient Center — East Memphis, meaning kids like Avery won't have to travel far to get back to what matters most: childhood.

Kelly's commitment to Le Bonheur and the biennial

Le Bonheur patient Avery Downing, mother Sonja Clifton, Fox 13 Anchor Darrell Greene, Chef Kelly English and Le Bonheur Club President Karen Carlisle share the need for a pediatric outpatient rehabilitation facility in Memphis.



Le Bonheur Rehabilitation Services at Outpatient Center – East Memphis



■ The new space allows families to stay closer to home when children need the intensive, longer-term outpatient rehabilitation services required after specialty surgeries and traumatic injuries.

■ The largest and most significant outpatient rehab facility for children in our region

■ Services include:

- physical therapy
- occupational therapy
- speech & language therapy
- feeding therapy
- sensory motor therapy

■ Dedicated specialty areas for more individualized treatment space including:

- teaching kitchen
- sensory gym
- big kid space
- little kid space
- community room
- two classrooms
- quiet private space



Donate at lebonheurclub.org.



event in its third year has proven that he isn't just a chef who writes a check at the end of the day; he's a champion for the children of this community.

Kelly teamed up with Le Bonheur Club, founders of Le Bonheur Children's Hospital, five years ago to create Le Bon Appetit.

"I had done food events around the country, and there wasn't anything like that in Memphis," Kelly said. "I thought, 'How fun would it be to bring in chefs from out of town, pair them with people in town and then throw a big party for Le Bonheur?'

That's really how this all started."

Le Bonheur Club President Karen Carlisle says the Club was eager to partner with Kelly.

"Kelly has such a passion for our community," said Carlisle. "We were over the moon that Kelly chose to support Le Bonheur. We were honored to walk hand in hand with Kelly and help him make his dream for Le Bon Appetit come true."

"I became involved because of Kelly and his dedication to the cause. This life is about making things better for all, and a weekend to cook and raise money is a small gesture in the grand scheme of things."

– Chef Hugh Acheson
5 & 10, The National,
Empire State South, The Florence



PREPARE FOR IMPACT

Kelly often tells one story when people ask why he does so much for Le Bonheur.

It involves a bad fall and broken bones and time

spent in a hospital built for adults when he was only a kid. He tells it quickly and well, focusing less on what happened and more on why he understands how Le Bonheur makes a real difference for the patients it serves with services tailored for children.

His parents tell the story a little differently.

“Kelly has his own little narrative about what he went through when he was 6 years old, and it’s something that he really takes to heart,” said Kelly’s dad, Rex. “It’s just that for those first few hours, we didn’t really know if he’d ever be the same.”

Kelly was watching an airshow from the second story of his grandmother’s house in Lafayette, La., when he fell from the window. The damage was extensive.

“I didn’t know enough about how great Le Bonheur is until Kelly approached me and asked for me to join. Le Bon Appetit is such an amazing event to be a part of. It allows for a lot of the local chefs, cooks and friends to get together and work with some of our favorite chefs, cooks and friends from other cities; all the while, we are able to spend our time helping with such a wonderful organization. It is already important to take care of children, they are the future, but to include a hospital as wonderful as Le Bonheur makes it even more special.”

– Chef Ryan Trimm
Sweet Grass,
Sweet Grass Next Door



“He had so many bad breaks – wrist, femur, upper arm – literally everything on the left side of his body was broken,” Rex recalled.

Initial X-rays indicated he may have also broken his neck.

“When Kelly fell out of the window, the doctors thought he honestly should be dead,” said Kelly’s mom, Stella. “When he fell, his arm hit a big clay pot, and if it hadn’t happened just that way ... well, he’s got some kind of angel looking out for him.”

After doctors ran more tests and found that Kelly’s neck wasn’t broken, he was put on traction and then in a full-body cast. He spent two months in the hospital, an adult facility that also treated children.

“The hospital was everything a hospital should be. It’s just that it was a hospital built for adults,” said Kelly. “And



When Kelly was 6 years old, he spent two months in the hospital after falling from a second-story window.



Kelly, 6, was released from the hospital in October, still in a full body cast. So for Halloween that year, his parents wheeled him around the neighborhood dressed as a mummy.



Le Bon Appétit chefs prepare breakfast at FedExFamilyHouse.

hospitals can be big, scary places for kids. The environment is so sterile. It's nothing like Le Bonheur."

Kelly's stay didn't include the kind of resources you find at Le Bonheur, such as child life specialists who use toys and play for distraction during procedures. Playful hallway lights didn't illuminate when you passed by, and there weren't kid-friendly, interactive works of art on every floor. There weren't machines built just for kids, so that X-rays deliver less radiation to the body, and not every doctor or nurse had received the extra training designated for the specific care of children.

After two months in the hospital, Kelly returned home, still in a full-body cast. "Kelly was a trooper, he always had such a good attitude," said Rex.

Kelly rehabbed quickly, was out of his wheelchair by December and

relearned to walk in a couple of months. By February, he went skiing for the first time on a family vacation.

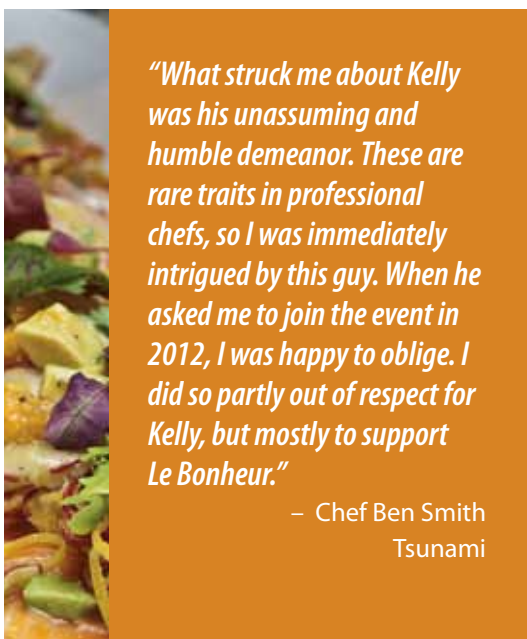
"But did you know that injury was why he became a chef?" Rex asked.

His fall, it turns out, would change the course of his life.

THE PATH TO PASSION

After graduating from high school, Kelly was admitted to the University of Mississippi and went into pre-law. His dad made him a deal: He'd help his son with tuition, but Kelly would have to work for his spending money.

Kelly and his friends had a favorite hangout in Oxford,



"What struck me about Kelly was his unassuming and humble demeanor. These are rare traits in professional chefs, so I was immediately intrigued by this guy. When he asked me to join the event in 2012, I was happy to oblige. I did so partly out of respect for Kelly, but mostly to support Le Bonheur."

– Chef Ben Smith
Tsunami

Miss., a catfish place called Cedars. They decided to get jobs there, and Kelly was hired on as a waiter. But on his first day, he wasn't able to carry a tray. The injuries sustained during his fall from the window had left him unable to fully bend his left wrist, so instead of becoming a waiter, he was sent back to the kitchen to work as a cook.

Kelly moved up quickly through the kitchen ranks and soon became a restaurant manager. He'd found his niche but was worried what his parents would think if he abandoned his law ambitions.

"Kelly called his mom and asked what I would think if he decided to become a chef instead of a lawyer," said his



As part of the hospital's upcoming expansion, an Iris garden will be planted in Kelly's honor, offering a place of peace and respite for Le Bonheur families.

dad, Rex. "And Stella said, 'I think he'd be delighted.'"

As his career took off, Kelly looked for ways to give back to the community. He met Le Bonheur CEO and President Meri Armour shortly after moving to Memphis, and once he toured the hospital, he found his charity of choice.

"I didn't just want to write a check, I wanted to be a partner," said Kelly.

FOOD FOR THOUGHT

Le Bon Appétit is one of the most unique charitable events in the city, garnering upwards of \$700,000 for Le Bonheur in its first three iterations. Kelly invites 15 guest chefs and pairs them with 15 locals. This year, the event touted Aaron Sanchez of Food Network's "Chopped," Hugh Acheson of Bravo's "Top Chef," Naomi Pomeroy, also of "Top Chef," and the legendary John Besh, among others.

Many of the chefs who participate in the event aren't familiar with the hospital beforehand, but Kelly's passion for Le Bonheur wins new hearts to Le Bonheur year after year.

"When you see someone so emotionally invested in something, it's really easy to get behind it," said Chef Ryan



Families staying at FedExFamilyHouse are treated to a gourmet kid-friendly breakfast by Le Bon Appétit chefs.

Prewitt of New Orleans' Peche Seafood Grill.

Le Bon Appétit is more than a culinary event. The chefs take time to serve the families at Le Bonheur. As soon as the chefs arrive in Memphis, they visit the hospital and also hit the kitchen in Le Bonheur's home-away-from-home for out-of-town families, FedExFamilyHouse, where they cook breakfast for families in a group-style battle using fun, kid-friendly ingredients like candy bars and marshmallows.

"There was a moment, as we were touring the hospital, when we saw a child being rolled to his room right after surgery, and as a parent, I was just overwhelmed with

emotion," said Prewitt. "Having grown up in Memphis, I was always aware of Le Bonheur and the exceptional pediatric care here; it's just part of the fabric of Memphis, in many ways. But now that I have kids of my own, my experience of touring the hospital and being a part of this event was even deeper. Coming back to my hometown and being in a position to give back means a lot to me."

"We all have talents, we all have skills, and that's what we can use to give back," said Kelly. "I get to cook for a living, so I'm going to cook for Le Bonheur for as long as they'll let me."

KELLY'S CAREER

Kelly English trained at the Culinary Institutes of America, one of the top culinary schools in America. While there, he landed an externship with the critically acclaimed New Orleans Chef John Besh, and after graduating at the top of his class, he went on to manage Besh's restaurant in Tunica, Miss.

While in Tunica, Kelly frequented Memphis and decided that it was the city for his roots. He opened Restaurant Iris in 2008, and in 2009 earned the "Best New Chef" distinction from *Food & Wine* magazine. That same year, he became a finalist for the James Beard Award Best Chef: Southeast, appeared on Food Network and earned the Memphis Restaurant Association's "Restaurateur of the Year Award." In 2012, he competed in the national Cochon 555 and was named Memphis' "Prince of Porc." A year later, he opened The Second Line, a casual eatery featuring New Orleans favorites, located next door to his flagship contemporary American fine dining restaurant. His empire has now grown to encompass four restaurants and a catering offshoot named Iris Etc.



Growing friendship

***Mississippi families
find common bond
through Le Bonheur***



For the past decade, 24-year-old Hannah Lawrence has struggled with uncontrolled seizures, making day-to-day life, like driving or going to the mall, a challenge.

Katie McCormick, 11, also knows how difficult life can be when a seizure suddenly strikes – at home, in the classroom or when she’s out with her family.

Hannah and Katie’s families, who both live in Brandon, Miss., near Jackson, have formed a special bond – a friendship that began when the families learned their daughters both suffer from epilepsy. Their bond grew stronger after Katie and Hannah both received life-changing treatment at Le Bonheur Children’s Hospital.

In the last year-and-a-half, both girls underwent brain surgery to implant a device in their brains designed to reduce seizures. Le Bonheur is one of the few hospitals in the country that offers this life-changing care for epilepsy patients.

Their stories and struggles are similar, and together they have created a life-long friendship. In the last year, the families have formed a support system and have relied on each other when Hannah and Katie’s health struggles become

overwhelming.

“For so long I didn’t know any family who was going through what we are going through,” said Hannah’s mom, Rhonda Lawrence. “But it’s comforting to know that someone else out there understands what we’re going through.”

Life-changing care

Hannah was 13 years old when she had her first seizure. Doctors in the Brandon, Miss., emergency room sent Hannah to Blair E. Baston Children’s Hospital in Jackson, Miss., where she was diagnosed with viral encephalitis, inflammation on the brain caused by a virus. She was left with scar tissue that caused uncontrolled seizures.

Hannah came to Le Bonheur in 2007 when her pediatric neurologist

suggested they see James Wheless, MD, co-director of Le Bonheur’s Neuroscience Institute. At Le Bonheur, Wheless began exploring various treatment options for Hannah. Because medications did little to stop the seizures, doctors implanted a Vagus Nerve Stimulator, which helped slow her seizure activity. In 2010, Hannah had another surgery to remove a section of her brain that was responsible for the seizures.

While the surgeries helped, Hannah still couldn’t live independently. She can’t drive, she missed school and fell behind and her dream of becoming a special education teacher was put on hold.

But Wheless wouldn’t give up. He had hope that Hannah could live a life with fewer seizures. In January 2015,



Le Bonheur patient Hannah Lawrence has a device implanted in her brain that helps control her seizures.

Hannah became the first patient in the United States to receive the NeuroPace® RNS® system at a pediatric hospital outside of the clinical trial. The RNS device implanted in Hannah's brain controls her seizures. Nationally, only 750 people have an RNS system, and Le Bonheur is one of the few hospitals in the country to offer RNS therapy.

"Only because of philanthropic support are we able to offer therapy that is available nowhere else in the region, or sometimes in the United States," Wheless said. "Generous donors allow us to provide new therapies to our patients who would otherwise not have



Hannah Lawrence shares a thank you card with James Wheless, MD, co-director of Le Bonheur's Neuroscience Institute. Last year, Hannah had surgery to help reduce her seizures.

access to. Donors impact the life of our patients in such a positive way."

The RNS device has been life changing, Rhonda said, and her daughter is nearly seizure free.



James Wheless, MD, co-director of Le Bonheur's Neuroscience Institute, shares a laugh with Katie McCormick and her mom, Teresa, while looking at family photos on their iPad.

Searching for a cure

Katie McCormick was 5 months old when she had her first seizure, and for the last 10 years, her parents, Mark and Teresa, could only watch as their daughter suffered.

At first, neurologists at their local hospital in Jackson, Miss., were able to control her seizures with medication, but after seven months, the drugs were no longer effective.

As her condition continued to worsen, Katie's neurologist referred her to Le Bonheur where an MRI revealed a brain abnormality as the source for her seizures. That's when the McCormicks began discussing surgical options with doctors, and Katie underwent a frontal lobe resection soon after. In four years, Katie underwent three more surgeries all with the goal of reducing her seizures.

Like Hannah, the procedures provided partial relief from her seizures, but daily activities, like sleeping in her bedroom by herself, remained difficult. In May, Katie received the NeuroPace® RNS® system and became one of the youngest children in the nation to receive the device. Katie's seizures have slowed, Teresa said.



Earlier this year, Le Bonheur doctors placed an RNS device on Katie McCormick's brain to help better control her seizures. When Katie returns to Le Bonheur, physicians upload data from the RNS device to measure her seizure activity.

Forming lifelong friendships

In early May, Hannah, who works in her family's barber shop, volunteered to cut Katie's hair in preparation for surgery. During their time together, Hannah offered words of encouragement.

"I told her everything is going to be fine and that I was a little girl when I went through this," Hannah said. "I said to her, 'You're going to be better.'"

That interaction put both Teresa and Katie at ease.

"It meant a lot to me for Hannah to take that time to talk to Katie," Teresa said. "When Hannah told Katie that she had the same surgery, it made her smile."

Since Katie's surgery, the two families have leaned on each other for support.

"We know they're only a phone call or text away," Teresa said.

After more than 18 months

with the RNS device, Hannah has become more independent.

She can now go shopping without assistance from her parents, and she continues to work with her dad, Kenny, in the family's barber shop. She still dreams of becoming a special education teacher.

Katie's seizures also have slowed thanks to the treatment provided



Hannah cuts Katie's hair prior to her surgery in May.

"It meant a lot to me for Hannah to take that time to talk to Katie. When Hannah told Katie that she had the same surgery, it made her smile."

Teresa McCormick

by Le Bonheur doctors, and she has become more talkative and is happier.

"Things are changing for the better in our house, and she slept in her own room for the first time," Teresa said. "We all feel better knowing that the RNS device is on, and we're more at ease with letting her be independent."

ADVANCED TREATMENTS FOR EPILEPSY

RNS is a new device therapy used to treat seizures in adults whose seizures can't be controlled with medication and who are not candidates for epilepsy surgery. RNS is being used in a limited basis in children, primarily older than 10 years old, with poorly controlled seizures. Le Bonheur is one of the few pediatric hospitals in the nation to offer RNS surgery.

The device is implanted in the skull with electrodes placed on the surface of the brain. The location of these electrodes is based on evaluation in the Epilepsy Monitoring Unit and is individualized for each patient.

You give epilepsy patients like Hannah and Katie a chance of living a life without seizures. Your support helps ensure that Le Bonheur can provide the newest treatment options for children with neurological conditions. Donate online at lebonheur.org/give.

Four-legged Volunteer

VOLUNTEERS NEEDED

Everyone can help the kids at Le Bonheur. Every day, dozens of volunteers are needed to help hospital staff with special events, supporting patients and their siblings and more. Spending a few hours each week at Le Bonheur can make a big difference for a child. To find out how you can share your skills and talents, visit lebonheur.org/volunteer or call 901-287-5225.

Labrador Sallie and owner Andrea Williford visit patients every Friday morning.



Pet therapy volunteers bring joy to children

In many ways, Sallie is a typical Le Bonheur Children's Hospital volunteer.

Every Friday morning, she comes to the hospital and visits with many of the children on the hematology and orthopedics units. As she walks the hallways, Sallie's often greeted with smiles and hugs from hospital employees and families.

But Sallie isn't like most volunteers – she's a 6-year-old Labrador and one of nearly 20 dogs who work with Le Bonheur's volunteer pet therapy program. All the therapy dogs are handled by Le Bonheur volunteers, and each animal goes through extensive training to prepare for their role.

Each week, Sallie and her owner, Andrea Williford, spend more than an hour visiting patients – sitting with families and offering respite, support and comfort. Williford is part of a group of nearly 200 volunteers who spend at least one day a week at the hospital and who help lift the spirits of the more than 250,000 children who come to Le Bonheur annually.

Williford, a retired nurse, began volunteering at Le Bonheur five years ago. When she heard about the hospital's pet therapy program, Williford enrolled Sallie in a year-long basic therapy dog training sessions at Dog Woods in Cordova, Tenn., where the pair learned proper techniques and commands when dealing with sick children. Sallie's calm, affectionate personality made her an ideal therapy dog.

"She loves to snuggle," Williford said. "More than anything, our visits can make a kid's day, and I'm blessed by having a great, sweet dog."

As children pet and pamper Sallie, they often speak openly, and many share their feelings about their stay in the hospital, Williford said. The pair has motivated a patient to begin walking after spinal surgery and even helped a child overcome her fear of dogs.



Mary McDonald:

A heart for Le Bonheur

When Mary McDonald was 60 years old, she had a stroke. Her

doctors were baffled – the healthy superintendent of Memphis Catholic Schools wasn't a typical candidate for a stroke.

When they looked a little deeper, doctors found that Mary was born with a hole in her heart that needed to be

repaired surgically. Her cardiologist didn't have experience repairing the congenital heart defect typically found in children, so he recommended Le Bonheur Pediatric Cardiologist Rush Waller, MD.

"I probably should have died nine years ago. But here I



Prior to retiring in 2012, Mary McDonald (with her cardiologist, Rush Waller, MD) served 37 years as a teacher, principal and superintendent for Memphis Catholic Schools. She's known for re-opening eight inner-city Jubilee Schools. Before retiring, Mary started a consulting firm.

am. Dr. Waller did an amazing job," Mary said.

Mary was one of Waller's first adult congenital heart patients. While the majority of patients with Adult Congenital Heart Disease (ACHD) are diagnosed in infancy, some like Mary can go undetected until later in life.

While Waller has cared for adults with congenital defects for years, Le Bonheur recently formalized this program with the Adult Congenital Heart

Disease (ACHD) Center. The ACHD Center – a partnership between Methodist University Hospital, the University of Tennessee Health Science Center and Le Bonheur – ensures that adults living with complex congenital heart disease receive lifelong care from a cardiologist who is specially

trained to care for their unique issues.

"When I read that Dr. Waller is now working with adults, I thought to myself, 'Thank God. Now all of us adults who have this issue have this same opportunity.' I've always admired Dr. Waller," Mary said.

Now serving as a national education consultant, Mary, 71, continues to advocate for children. As a lifelong educator, Mary sees Le Bonheur Children's Hospital as a partner in raising this community's children.

"I care so much about Le Bonheur because it's a hospital first and foremost for children. You can't teach children if they are sick," Mary said. "I think Le Bonheur is such a treasure, and I want everyone to know how important Le Bonheur is to the health and well-being of this community."

"I probably should have died nine years ago. But here I am. Dr. Waller did an amazing job."

Mary McDonald





A new start, a first finish

As Jamarius Richardson headed to the starting line of the Pumpkin Run 5K last October, he glanced at his mom, anxiety written across his face.

“He was nervous,” said his mother, Tammi Garlington. “Cause he’d never done anything like this before.”

Jamarius, 13, joined Le Bonheur’s signature race with others from the hospital’s Healthy Lifestyle Clinic. The clinic, launched in 2014 in partnership with the University of Tennessee Health Science Center, is part of Le Bonheur’s comprehensive care for children battling pediatric obesity. The 5K run was a culmination of months of effort and training performed in Le Bonheur’s exercise lab. Last year’s team was the first of its class.

For most on the Healthy Lifestyles team, the 3.1-mile run was the first racing event they’d ever attempted.

“For many of the athletes on our team, when they first came to the clinic, they could not have completed a 5K,” said Le Bonheur Exercise Physiologist Webb Smith. “Our program included eight weeks of training, and we asked the whole family to participate.”



Healthy Lifestyle Clinic patients and their families trained for and participated in their first 5K.

Every family had a coach from the clinic walk or run with them.

Thus, the race kicked off, and Jamarius marched forward with his teammates, coaches and mom on hand to offer him support.

“He got tired along the way, and I told him that we were doing this for the kids, for everyone in the clinic, and that we’re doing it to help him stay healthy,” Tammi said. “Whatever time we finished, it didn’t matter. I told him we were going to finish.”

Pediatric obesity rates have tripled in the United States since the 1970s, according to the Centers for Disease Control and Prevention, and obesity now

affects one in six children in the United States. Teens in Tennessee have the fourth highest rate of obesity in the country. The complications of pediatric obesity are many and varied: neurological, psychosocial, pulmonary, cardiovascular, renal, gastrointestinal, endocrine and musculoskeletal.

At Le Bonheur, a multidisciplinary team approach, including medicine, nutrition, exercise, behavioral health and in some cases surgery is available to provide innovative care for patients.

When children are referred



Tyler finished his first 5K with the support of his family and the Healthy Lifestyle Clinic team.

to the Healthy Lifestyles Clinic, they are evaluated and then given a plan that includes, as Smith puts it, "prescribed exercise."

"The most intensive cases come here for exercise classes," said Smith. "We have over 12 classes each week, which usually have small groups of three to four children to a class."

Weight loss is not the only goal of the exercise program. With research suggesting that obese "fit" individuals have similar risk for developing many medical



conditions to normal-weight “un-fit” individuals, much of the focus is on physical activity and fitness-based interventions rather than weight loss-centered intervention.

Patients who come to the clinic are given individualized exercise prescriptions that account for test results, medical conditions, motivation levels, goals, equipment and any other individual barriers. Since the clinic’s launch, about 42 percent of patients who stuck with the program have seen a 5 percent or greater decrease in body weight, and 26 percent have seen greater than 5 percent decrease in body mass index (BMI).

For the Healthy Lifestyle Pumpkin Run athletes, the hard work ended in a 100 percent race completion rate.

Healthy Lifestyles Clinic mom Sandra Gilyard, who participated in the race with her son, said she’s seen increasingly positive results since coming to Le Bonheur. Her son, Tyler, finished the race after an hour and 20 minutes with his arms up in victory, a grin overtaking his face.

“I was proud, so proud he was able to finish it,” said Sandra. “And Tyler seemed to enjoy it so much ... We’re going to have more adventures like this.”

Your Gift Matters

Obesity is a staggering problem, especially in the City of Memphis. Minorities are at greater risk of developing obesity at very early ages, but Le Bonheur Children’s Hospital is uniquely positioned to evaluate and help this at-risk group. Our work could in turn reveal new discoveries and treatment methods that could be replicated across the country. With your help, Le Bonheur plans to expand its pediatric obesity program to intervene in the lives of children and stem the rise of complications that can follow them throughout their lives.

Pediatric obesity is a serious problem that must be confronted in new and innovative ways in order to save children from a lifetime of complications. You can be part of that solution.

Visit lebonheur.org/give to help today.







Comforts of Home

Donated rocking chairs bring comfort to Le Bonheur families

After their son spent seven days at Le Bonheur Children's Hospital, Jenny and Bill Kiesel wanted to give back. Eight-month-old Will had a viral infection, which led to a high fever and febrile seizures. The Lakeland, Tenn., family was so grateful for the doctors and nurses who helped Will get better, they were moved to action.



Le Bonheur parents Sara and Aaron Caldwell of Wynne, Ark., are thankful for Kiesel and her students' contributions, saying the rocking chairs add a bit of home comfort for families staying at the hospital. Every night, Sara Caldwell nestles into the white rocking chair in her hospital room and cradles her son, Cannon, until he falls asleep.

One of the things Jenny noticed while in the Infant Care Unit was not every room had a rocking chair – an important piece of furniture for new moms.

“There just wasn’t a good place to sit, and there wasn’t a place to rock or feed Will very easily because there were no chairs,” Kiesel said. “We were here for seven days, and all the nurses were so accommodating, and they helped calm our nerves. They were helpful in making sure we had what we needed.”

The Germantown High School teacher rallied her students to meet the non-medical needs of children and families in the hospital’s Infant Care Unit. The students in the Science National Honor Society used their annual service project to donate funds so Le Bonheur could purchase additional rocking chairs. They partnered with Holiday Deli & Ham restaurant in Germantown and hosted spirit day activities to raise more than \$6,400. Now, every room in the Infant Care Unit has a rocking chair, and the extras were distributed throughout the hospital.

Each chair is crafted from specialized, non-porous resin, which makes for easier cleaning and disinfecting. The rocking chairs, Kiesel added, help make a difficult time for families a little bit easier.

“It’s been amazing to see the impact the chairs have



Will Kiesel's hospital stay inspired Jenny's students at Germantown High School to support Le Bonheur.

made,” Kiesel said. “It seems like a little thing, but when you’re thrown into that unexpected situation, any little comfort helps. Just being able to rock your baby makes a huge difference, especially when they aren’t feeling their best.”

The students will continue their efforts to support Le Bonheur this school year. Their funds will continue to help meet the non-medical needs of patients, including mobiles and high chairs.

Le Bonheur depends on a generous community to help meet the needs of children and families.

Learn how you can organize a fundraiser, give in-kind donations or make a financial contribution at lebonheur.org/ways-to-help.

Le Bonheur donor and Cardiovascular Intensive Care Director Michelle Grandberry (right) has given back a portion of her paycheck for years, to ensure the hospital can care for future generations of children.





Le Bonheur Proud

Le Bonheur employees give to build hospital endowment, ensure legacy

The day after she graduated from high school at age 17, Michelle Grandberry started nursing school. She always knew that she wanted to be a nurse.

Sure that she was called to be a nurse, it only took one rotation at Le Bonheur Children's Hospital to find her home. She wanted to take care of the sickest kids – and headed straight for the hospital's critical care unit.

Grandberry also knew that she needed to give back to the hospital by allocating a portion of her salary to the hospital, even on a starting nurse's salary.

She's been giving back ever since.

"I feel like I was called to work here, and I can't imagine not giving back," said Grandberry, who now serves as clinical director of the hospital's Cardiovascular Intensive Care Unit. "I know that children in our region need a place they can come for care. Le Bonheur is that gift."

Grandberry was one of hundreds of Le Bonheur employees to participate in this year's "Le Bonheur Proud" internal campaign – an effort to help build Le Bonheur's \$100 million endowment to ensure the hospital is always able to help sick children.

Through the campaign, employees challenge each other to be "Le Bonheur Proud" and give an hour or more each paycheck back to the hospital to help leave a legacy for their community. By designating a portion of their paychecks to the endowment, employees are helping build a permanent fund that will pay for programs children need in the future.

"We are a family committed to

each other and our children, and we know that future generations of kids depend on us," said hospital President and CEO Meri Armour. "Our dedication – in both service and monetary gifts – gives children in our community the best chance at a healthy future. When we give, we are showing commitment to each other and our children."

The campaign continues. New employees have overwhelmingly agreed to also give a portion of their paychecks, as they begin to work at Le Bonheur. Each

"Our dedication – in both service and monetary gifts – gives children in our community the best chance at a healthy future."

Le Bonheur President and CEO Meri Armour

Valentine's Day, Le Bonheur employees will ask each other to recommit to the hospital. The goal, set by the employee-led fundraising committee, is to build a culture of philanthropy at the hospital.

Along with Grandberry, 35-year employee Shawn

Holliday joined the "Le Bonheur Proud" campaign in a show of gratitude and because "it was the right thing to do," she said. Holliday says she's grateful for what Le Bonheur has meant to her and her community over the years. The hospital's growth in specialized programs – and expansion in Tupelo, Miss., and Jackson, Tenn., – have been thrilling for her to watch.

"I'm so glad to be a part of that,"

Le Bonheur
Proud

Give today to secure tomorrow.

Holliday said. “I’m really excited about Le Bonheur’s future.”

So is Grandberry.

After 19 years of caring for critically ill children at Le Bonheur, Grandberry says she’s seen first-hand how expert care can be a game changer for families. As Le Bonheur has added services and developed new programs, families are now able to stay at Le Bonheur for care that they once had to travel elsewhere

for. Her gifts, she says, help ensure that families can always come to Le Bonheur for anything, and it will be

able to help.

“We have to maintain that,” Grandberry said.

“Scripture tells us that we are blessed so that we can bless others. Everyone has a Le Bonheur experience, and we have to make sure Le Bonheur is always here. We owe it to our

community. If Le Bonheur isn’t here, who will care for our children?”



Employee donors showed their “Le Bonheur love” during the hospital’s annual campaign last year.



Recent Events

Gurus of Golf

It's a hole-in-one – improve your golf game and help kids at the same time. More than 80 amateur golfers learned first-hand from some of the best golf pros in the business at the 8th annual Gurus of Golf. While perfecting their swing, attendees raised more than \$340,000 to help kids live full, healthy and productive lives. The event has raised more than \$1 million for Le Bonheur.



Big hair. Big fun.

More than 200 friends of Le Bonheur donned their craziest wigs for Big Wig Ball in June. This year, Big Wig Ball raised \$50,000 to support research efforts at Le Bonheur. The event is sponsored by Le Bonheur's Associate Board, a group of young leaders who raise funds and promote advocacy for the hospital. Last year's funds supported Amali Samarasinghe, PhD, a rising star in the field of asthma research. She's studying how the immune system responds in a person with both asthma and influenza. Her work will help caregivers better understand how to treat people with a combination of respiratory diseases. This translates to better care for children battling two of the most common illnesses.



Date night for dads and daughters

It's the event of the year for dads and daughters in Tupelo, Miss. More than 1,000 dads and daughters put on their fanciest dresses and sharpest suits to dance the night away at the Gumtree Father Daughter Ball in June. Not only did the dads and daughters enjoy a great night together, they helped the kids at Le Bonheur at the same time. Generous dads gave more than \$60,000 to help Le Bonheur provide the little things that make a big difference – like a movie theatre that shows first-run movies. All these things help kids be kids even when they're sick.



Follow Le Bonheur on Facebook to see pictures from these events and more.

Recent Events

Artist creates heartfelt wishes for the children of Le Bonheur



Le Bonheur recently unveiled *Heart Treatments*, 16 paintings by Iris Harkavy that hang near the Cardiovascular Intensive Care Unit.

"These paintings are prayers and visions that I feel might lead us to better tomorrows for our world based on harmony and love," Iris said. "The huge heart that rises above Le Bonheur Children's Hospital stands as an inspiration to us all. They are healers calling us all to be healers."

Le Bonheur is home to the largest public collection of art in a single building in the City of Memphis. For a tour of our collection please call Le Bonheur Foundation 901-287-6308.

Go Jim Go crosses \$2 million line

After thousands of miles, WREG News Channel Meteorologist Jim Jaggers celebrated 11 years and more than \$2 million raised for Le Bonheur Children's Hospital. Go Jim Go, a week-long bicycle ride through the Mid-South, makes stops at more than 90 schools. This year, schools and local businesses donated \$354,810 to Le Bonheur.



Upcoming Event



The Enchanted Forest

Nov. 19 – Dec. 31, Pink Palace Museum

It's magical – twinkling lights, elaborately decorated trees, ornate gingerbread houses and jolly Ol' Saint Nick. This year's Enchanted Forest and Festival of Trees is sure to delight your whole family. Join us Saturday, Nov. 19, when Santa arrives at the Pink Palace Museum by helicopter. The Forest is open through Dec. 31. Your ticket purchase helps Le Bonheur care for every child regardless of their parents ability to pay.





Put your whole heart into
your holiday shopping
with our heart, and help
children in the process.

LE BON
Boutique

Order today at lebonheur.org/shop



We do everything we can to make sick kids feel at home.



You can help by donating *your home* when you downsize.

Some kids make it through childhood without so much as a broken bone, while others – like the Duncan boys – experience traumatic events such as the house fire that threatened Patrick's life. Thankfully, Memphis-based Le Bonheur Children's Hospital is in their backyard, ensuring that world-class care was available to Patrick and to *all* children, regardless of a family's ability to pay.

Help us help kids by transferring your existing house to Le Bonheur when you downsize or move. You'll receive a charitable deduction, remove a large asset from your taxable estate and avoid the burden of selling your home. We make the transfer easy for you, so you can focus on the joy that comes from giving hope to thousands of children and their families.

After all, we at Le Bonheur know that home is where the heart is.

Contact **Roberta B. Matthews, J.D. (Sue)** at **901-287-6308** or roberta.matthews@lebonheur.org to learn more.

Le Bonheur
Children's Hospital

Where Every Child Matters

lebonheur.planmygift.org



Address Service Requested



Le Bonheur patients broke ground in September for the new Outpatient Center in Jackson, Tenn. The new facility, scheduled to open Fall 2017, will bring subspecialty care closer to home for more than 5,000 children in West Tennessee each year.